



Südtiroler **SPORTFORUM** Mals  
20. - 26. Juli | July | Luglio 2024

# Laatscher Alm – alpine pasture

Look over the dairymaid's shoulder on the Laatscher Alm



On this guided tour, you can watch the dairymaid at work! On the Laatscher Alm, dairymaid Bernadette produces a particularly good alpine cheese from the milk of the alpine cows. Anyone who is interested can watch her at work. This gives you a wonderful insight into cheese production on a dairy farm and you can even taste the cheese afterwards!

Mountain pastures have shaped the landscape of the Upper Vinschgau since ancient times and are closely linked to the cultural history of the region. In the past, the alpine pastures accommodated travellers and pilgrims. Dairy cattle breeding, including the production of butter and cheese, has always been an integral part of the Vinschgau alpine agriculture.

The milk comes exclusively from the alpine cows. For this reason, it is best to taste and buy the cheese directly from the alpine dairyman. On mountain farms in the Upper Vinschgau there are usually ten to twelve cows in the cowshed. They are fed GMO-free fodder in summer and winter.

From the meeting point, we take a shuttle next to the “Laatscher Alm”, where we will hike about 20 – 30 min to the alpine pasture. We get a about 1h guided tour through the alpine pasture with Bernadette and after that we can try different types of fresh cheese. When we finish the visit at the Laatscher Alm we hike back to Schleis where we will be picked up (~ 1,5h hiking a forest path).

<b><u>Departure:</u></b>	02.00 p.m. at the Meeting Point
<b><u>Registration:</u></b>	at the Info Point until Monday, 22.07.24 – 11:15 a.m.
<b><u>Participants:</u></b>	16
<b><u>Costs:</u></b>	<b>15,00 €</b> (cheese tasting + one drink)
<b><u>Guide:</u></b>	Bernadette