

Südtiroler **SPORT**FORUM Mals 20. - 26. Juli | July | Luglio 2024

# Half Day tour

# **Poppele-Klettersteig – Via ferrata- Laces**

Via ferrata Poppele-Knott, at Laces, Venosta Valley is an easy via ferrata on the Sonnenberg in Latsch. It is a short via ferrata where the safety distances are sometimes far apart. At the start of the climb, the route becomes increasingly difficult as the height increases. At the end you reach a smooth wall with small footholds.





<u>What you need:</u>	<ol> <li>Physical fitness: A solid basic level of fitness and sufficient muscle strength are basic requirements for via ferrata</li> </ol>
	2. Surefootedness: In addition to physical fitness, surefootedness and NO fear of heights are required on the via ferrata
<u>Day:</u>	Monday, 22.07.24
<u>Departure:</u>	07:30 a.m. at the Meeting Point <u>We will do a briefing before the trip</u> (to check the equipment and to give you more information)
<u>Registration:</u>	at the Office until Sunday – 6 p.m.
<u>Participants:</u>	16

#### Guide:

Rudi Müller





## Description: "Poppale" via ferrata - Laces

We take Sportbuses from Mals in the direction of Laces (approx. 45' drive). The "Poppale" via ferrata is located at Laces (Annenberger Böden at 800 m).

### **CHARACTER OF THE VIA FERRATA:**

Poppele Knott translates as something like children's rock - and that's exactly what the completely remodelled Tisser via ferrata is. A beautiful and exciting via ferrata **for beginners** and children, which can easily be added to the tour list when travelling through due to its short duration. In spring when the apple trees are in bloom, the landscape has a special charm, but also in autumn when the apples are harvested.

### **DETAILED ROUTE DESCRIPTION:**

A "cactus" ramp (A) leads to the right to a small rope bridge (A/B), after which you reach a ledge (A). Cross a step (A/B) to reach a boulder (A) and after the corner another ledge (A). After the ledge, ascend (A/B) to the bridge (A), then traverse to the intersection (A). Climb up to the left of the intersection (A/B) and again to the right on a bracketed slab (A/B). At the end, go straight up the slab intersection (B) to the exit.

### **TECHNICAL DATA:**

Difficulty: Only one passage B, the rest is much easier (A/B) and A. Via ferrata length: 530 m Total time: 1,5 – 2 hours.